

The Lion's Roar

MCAVINNUE'S COMMUNITY NEWSLETTER: WEEK OF NOVEMBER 28TH

MCAVINNUE'S PRINCIPAL'S MESSAGE

Hello McAvinnue Community!

I hope that everyone had a great Thanksgiving with family and friends! This is always one of my favorite times of the year. There are so many amazing opportunities to get together and enjoy time together. As usual, The Domina household enjoyed two 16.5 pound deep fried turkeys ! It must have been really good because there was nothing left when it was time to clean everything up. Yes...that's 33 total pounds of turkey that was consumed on Thursday!



We ended the evening with some dancing and our traditional round of the game "Left, Right, Center". I counted 25 family members that played...and it was so much fun! This year's BIG winner was my daughter Ryan! She was super excited and said that she is going to "officially retire" so she can out on top! Too funny!

I'm not sure if anyone went out on "Black Friday" to take advantage of any deals out there at the stores. Things have changed so much with online shopping and the convenience of Amazon and other virtual retail stores. The thing to remember is that many of the great deals will continue throughout the holiday season...so, there isn't a need to rush in my opinion.

On a McAvinnue note, we had 2 really great Thanksgiving focused activities on the super short Wednesday last week. Kindergarten hosted their annual "Thanksgiving Sing-A-Long Showcase" and Grade 1 had their annual "Turkey Toss Challenge". Check out the pictures below!

We will be launching into a new month during this up and coming week. December only has 17 actual school days for the month before we are off for an extended holiday break. There are many things that will be occurring at McAvinnue during this month. It is important to stay in tune with various events and activities even though we will all be extremely busy with our own personal lives as the holiday season approaches. As well as remaining engaged with what is occurring within McAvinnue, you still need to keep a consistent routine with your child during the month of December. Here is a short article that provides 6 reminders that you can implement at home that may support the craziness the holiday season can bring.

<https://pulse.seattlechildrens.org/7-tips-to-manage-your-childs-routine-during-the-holiday-season/>

As we continue move through the remaining days of November and begin December, there are several items that you need to be aware of. Please mark your calendar for the following events and activities at McAvinnue:

Here are a few items that you need to be aware of. Please mark your calendars for the following events and activities at McAvinnue for the few weeks:

- **Monday, November 28th - McAvinnue Reopens @ 9:10 AM**
- **Monday, November 28th - McAvinnue's "Lion's Pride" Core Value All School Meeting @ 9:30 AM - 10:15 AM**
- **Tuesday, November 29th - Vision & Hearing Screenings**
- **Thursday, December 8th - Parent / Teacher Conferences @ 5:00 PM - 7:00 PM**

You will find additional details for the events and activities list above in this edition of McAvinnue's "Lion's Roar" Community Newsletter.

As usual, we are looking forward to another amazing week at the "best school that we all know"!

If you have any questions, please don't hesitate to contact the Main Office at McAvinnue or send Mr. Domina a message a mdomina@lowell.k12.ma.us.

KINDERGARTEN THANKSGIVING "SING-A-LONG"



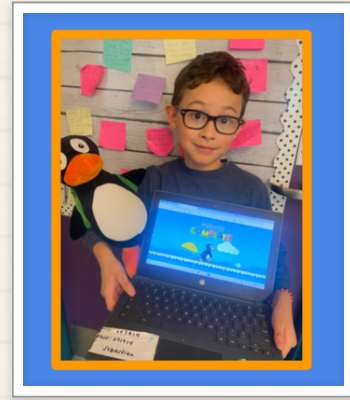
Kindergarten Thanksgiving "Sing-A-Long"



GRADE 1 "TURKEY TOSS CHALLENGE"



MCAVINNUE'S WEEK IN REVIEW



GRADE 4 VISITS TSONGAS INDUSTRIAL HISTORY CENTER

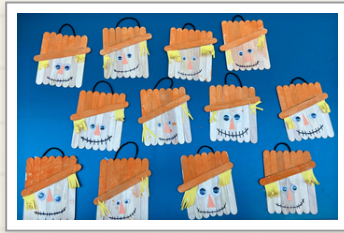
Grade 4 students enjoyed a field trip to the Tsongas Industrial History Center for 2 different programs focusing on "Yankees & Immigrants" and "Engineer It". Such a great time...and a fantastic off campus learning opportunity!

"GOOD NEWS FROM STEAM STUDIO!"

Students in Grades 3 & 4 were challenged to design and create a shelter that would protect either the Wampanoag or Pilgrims from rain, wind, and snow. The designs had to withstand a test of rainwater being sprayed from a bottle, wind force from a fan, and the pressure of weighted snow. If the person inside the shelter remained dry and safe the challenge was met! Such a cool project and the students really had a fun learning experience!

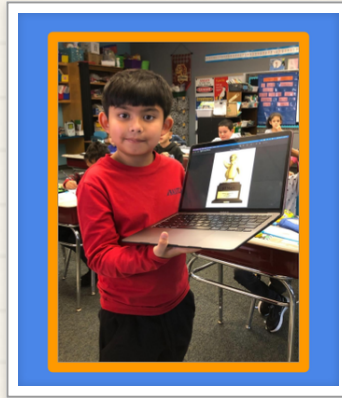
"GOOD ST MATH NEWS"!

In Room 303, Sebastian recently completed 100% progress of the Grade 3 puzzles and journey objectives! Now this is amazing work...keep up all of your hard work!



CRAFT FUN IN ROOM 109!

Check out these really fun Fall craft projects completed by the students in Room 109! Now this is really good stuff!



"MORE ST MATH GOOD NEWS"!

Jefferson, in Room 103, just completed 100% progress for all of the Grade 2 puzzles and journey objectives. He will make McAvinue's "100%ers Hall Of Fame" located in the Main Office. Be on the lookout for his picture!



HANDMADE HATS FOR ROOM 304!

Grade 3 students in Room 304 were treated once again this school year to handmade winter hats courtesy of Rosalie! The timing couldn't be any better with the cold weather we have had over the past few days!

WHO'S GOT GRATITUDE?

Check out the school-wide gratitude board created by Ms. Pepper and Room 205! The task was simple...write down what you are grateful for on a turkey feather and post it on the turkey...such a great idea and a way for the school to come together!




ST MATH WEEKLY UPDATE

Check out McAvinnue's percent progress at the school level and at the grade level or class level. Check out our school total so far this school year. How about those puzzles!! At the end of December 2021, students had completed 308,000 puzzles. McAvinnue could be close to completing one million puzzles taking this year's progress into consideration!



This week we also celebrate the top classrooms for average minutes for this past week.


Check out the progress that was shared on Morning Announcements on Wednesday for McAvinnue's ST Math "Turkey Trot" Challenge. We will share out another update on Monday!



Percent Progress

31%

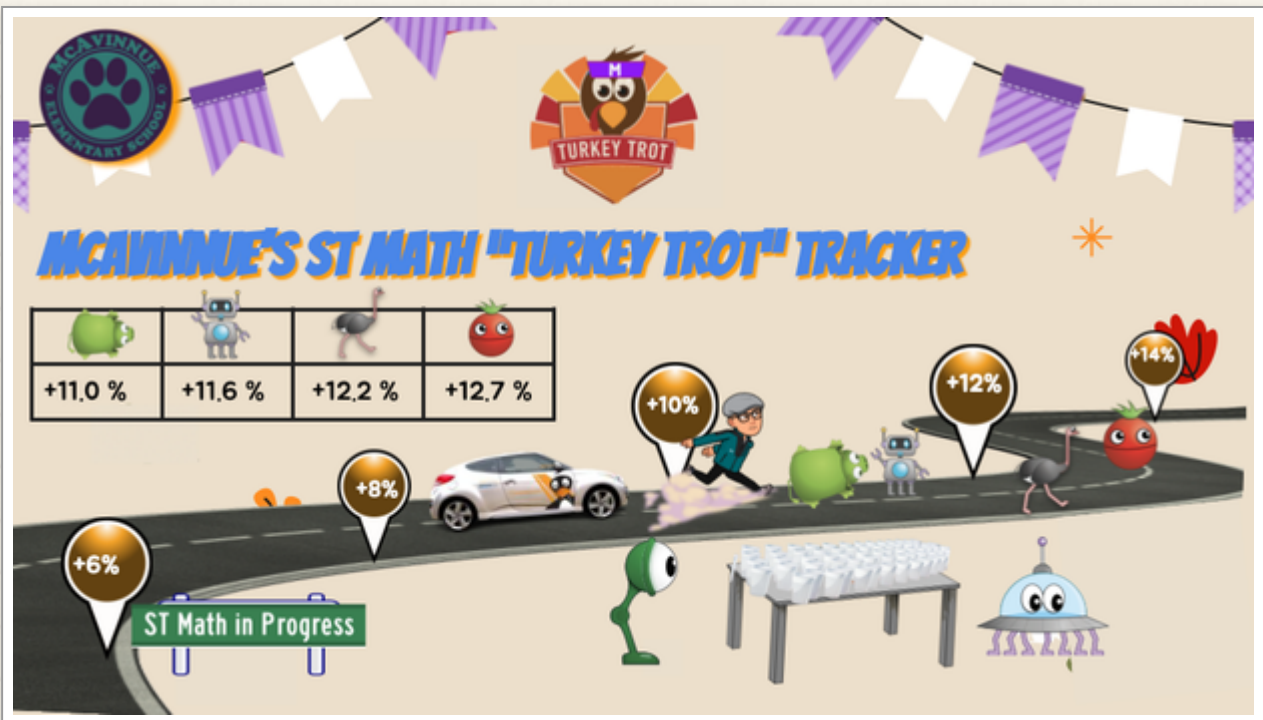
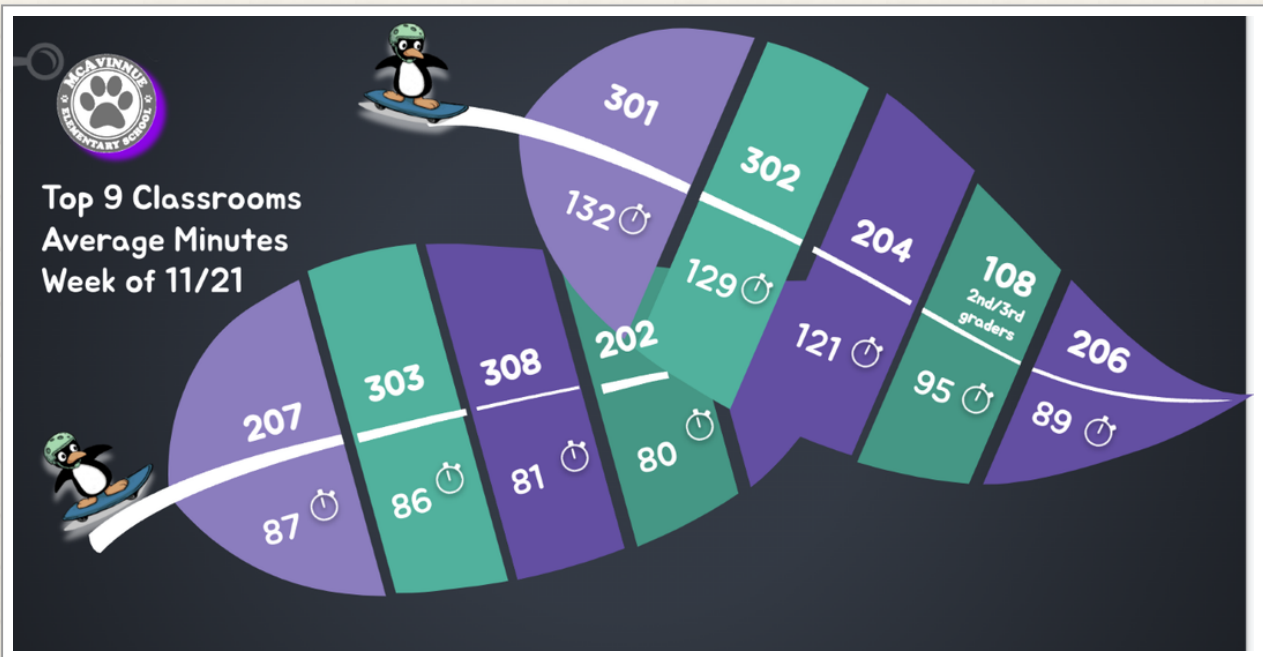
Grade Level or Classroom	Percent Progress
PreK	20%
Kindergarten	27%
Grade 1	33%
Room 109	14%
Grade 2	30%
Grade 3	33%
Room 108	29%
Grade 4	33%



1



301,954
PUZZLES



MCAVINNUE'S STUDENT COUNCIL "FOOD DRIVE"

McAvinnue's Student Council has started their first community service project of the school year! They are seeking donated food items that will be delivered to support the Merrimack Valley Food Bank.

They need canned goods and other dry food products.

Check out their video below for all of the details!

McAvinnue's Student Council - Food Drive 2022



MCAVINNUE'S STUDENT DAILY ATTENDANCE POLICY



Please click the links below to access McAvinnue's Student Attendance Policy for the 2022-2023 academic school year. For your convenience, we have included the policy flyer in multiple languages.

If you have any questions, please don't hesitate to reach out directly.



Attendance English.pdf

[Download](#)

1.2 MB



Attendance Spanish.pdf

[Download](#)

1.7 MB



Attendance Portuguese.pdf

[Download](#)

1.8 MB



UPCOMING EVENTS

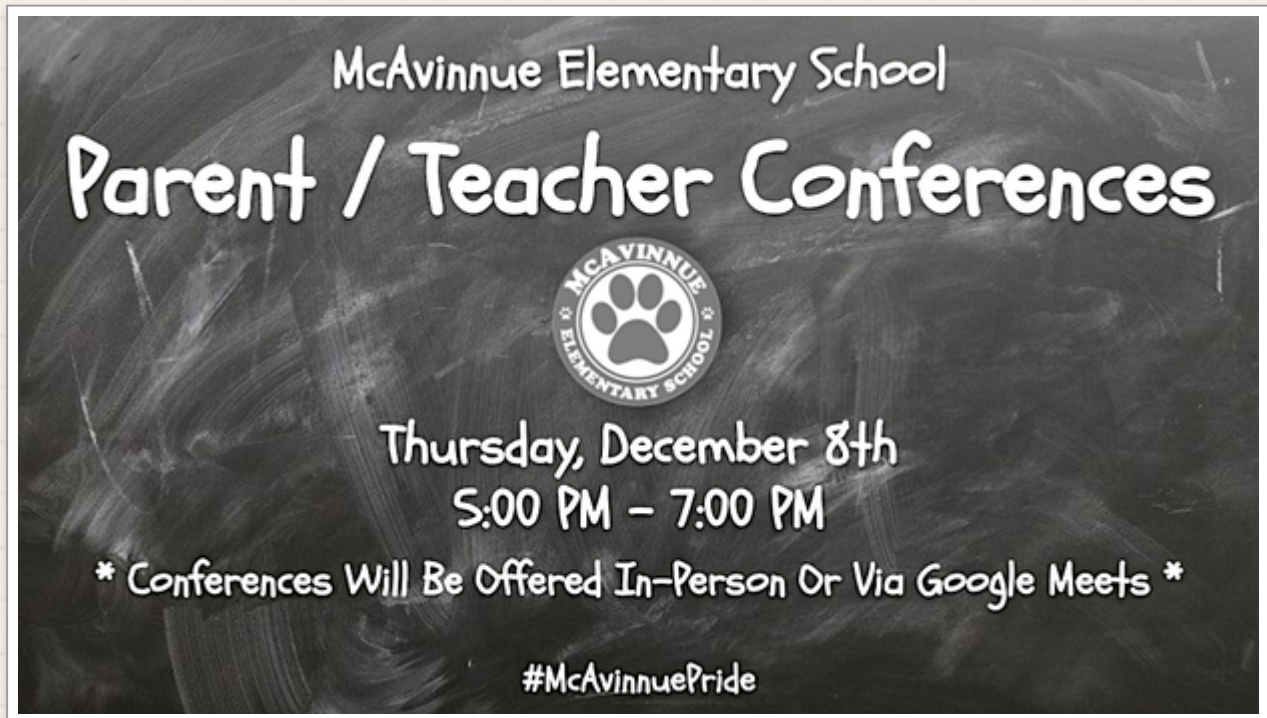
Here are important dates to remember for the month of November & Early December:

- **Monday, November 28th** - McAvinnue Reopens @ 9:10 AM
- **Monday, November 28th** - McAvinnue's "Lion's Pride" Core Value All School Meeting @ 9:30 AM - 10:15 AM
- **Tuesday, November 29th** - Vision & Hearing Screenings
- **Thursday, December 8th** - Parent / Teacher Conferences @ 5:00 PM - 7:00 PM
- **Monday, December 12th - 15th** - Scholastic Book Fair
- **Monday, December 19th** - Kindergarten Field Trip: Concord Museum (2 Classes)
- **Tuesday, December 20th** - Kindergarten Field Trip: Concord Museum (2 Classes)
- **Thursday, December 22nd** - McAvinnue's "Lion's Pride" Core Value All School Meeting @ 9:30 AM - 10:15 AM
- **Friday, December 23rd** - Holiday Break Begins @ 3:30 PM
- **Monday, December 26th** - Monday, January 2nd - Holiday Break - No School

PARENT / TEACHER CONFERENCES: THURSDAY,
DECEMBER 8TH @ 5:00 PM - 7:00 PM

We will host Parent / Teacher Conferences on Thursday, December 8th from 5:00 PM - 7:00 PM. The conferences will be either in-person at the school or using the Google meets platform. This will allow us the most flexibility to best meet everyone's needs.

Please be on the lookout for a message from your child's teacher with an online Sign-Up Genius link that you can use to book your time and other details about conferences that are relevant to your child's classroom.



CHECK OUT MCAVINNUE'S "VIRTUAL" MORNING ANNOUNCEMENTS!



Like we had successfully done last school year, a new edition of McAvinnue's "Virtual" Morning Announcements will be presented to our students on Monday, Wednesday, and Friday each week.

We will continue to use Tuesday and Thursday each week to be used for "Open Circle"....our Social Emotional Learning (SEL) program that focuses on community building, prosocial decision making, and appropriate responses to daily stressors both within the school and home settings.

This will continue to be a great way to bring our school together each day focusing on the same message to get the energy, commitment, and engage up before we launch into another great day at "the best school we all know".

You can check out each edition of McAvinnue's Morning Announcements on our YouTube channel using the link below.

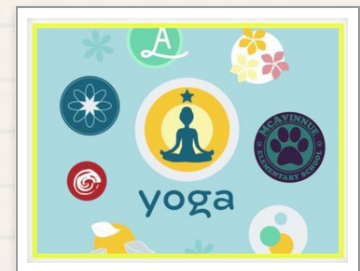
https://www.youtube.com/channel/UC7hxiBuRjqjgqfASI_RLMleQ

If you want a peek of the latest edition of McAvinnue's "Virtual Morning Announcements", check out the video below!

<https://www.youtube.com/watch?v=uUjhQe-VUy0&t=2s>

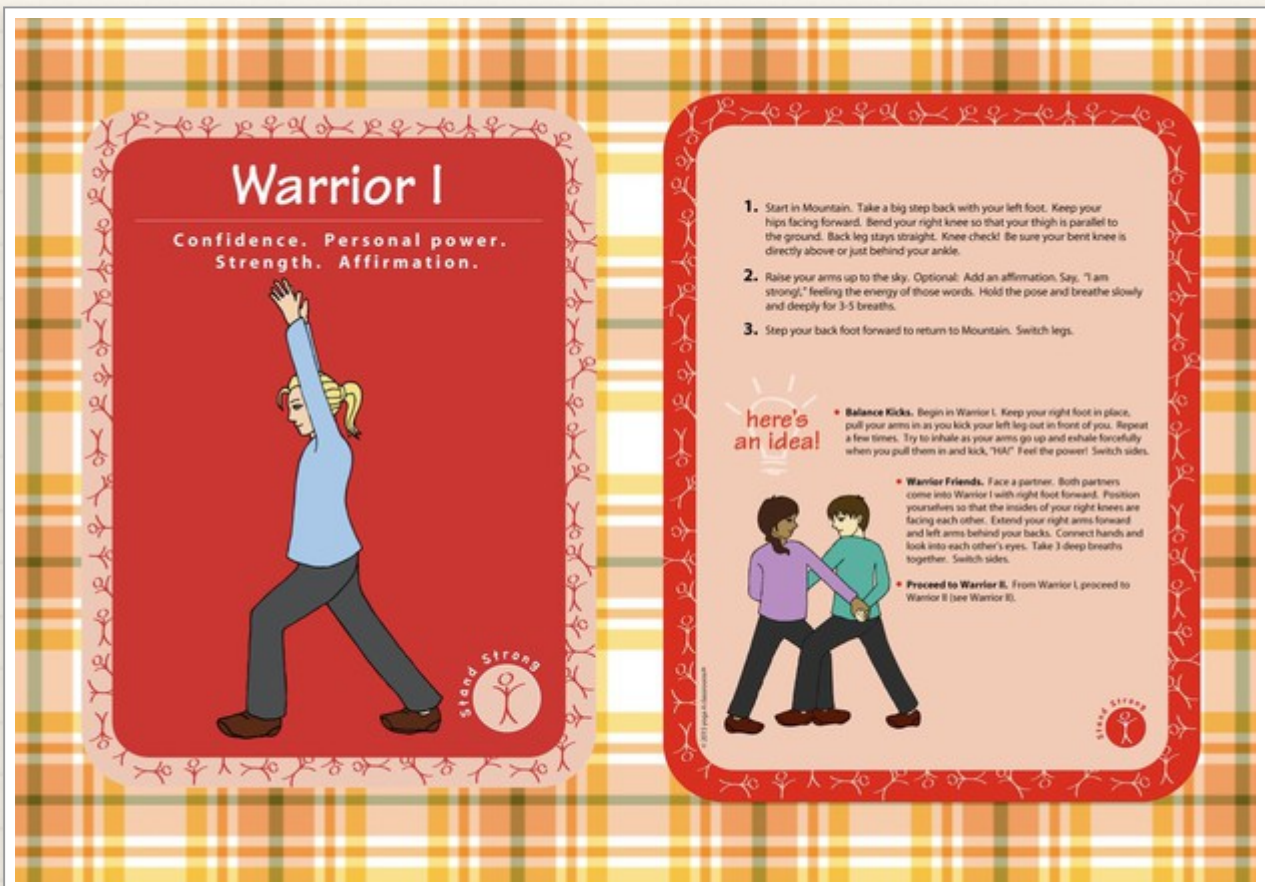


MCAVINNUE'S YOGA POSE OF THE WEEK: "WARRIOR I"

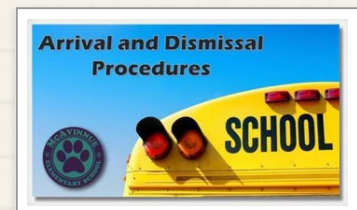


We will continue to try the new pose that we launched last week called the "Warrior I"! This new pose will allow us to increase our confidence and feeling of personal power through movements that harness our strength through a affirmation statement. We will practice the "Warrior I" pose daily during our "Virtual" Morning Announcements during this up and coming week on Monday, Wednesday, and Friday.

You can get an early head start and practice this technique before we launch into another exciting week!



DROP-OFF & PICK-UP LOGISTICS



Drop-Off Logistics

- Arrival begins at 9:10 AM each day. The late bell rings at 9:25 AM.
- Please pull up to the 4th Avenue side of the building when dropping off your child.
- As you approach the 4th Avenue sidewalk, a faculty member will greet and support getting your child safely out of the vehicle.
- This area is a drop off area ONLY. You will not be permitted to park in this location.
- Please be sure to drive all the way down to the end of the sidewalk so we can fit as many vehicles in this location as possible.
- Ensure your child is ready to go and do not get out of the car so we can keep traffic moving.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- Large bus students will enter using the back door located in the rear of the school building.
- Small bus and van transportation students will use the 4th Avenue door near the rear of the school building by the exit driveway.

Morning Lining Up Locations

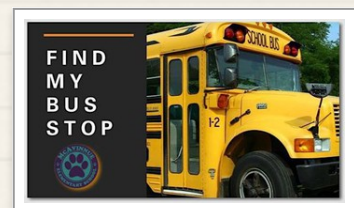
- Grade 1, 3, and 4 students will use the Main Door to enter the school building.
- Grade 2 will use the 4th Avenue doorway near the front of the school to enter the building.

- PreK & Kindergarten will use the Early Childhood door to enter the building. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.

Pick-Up Logistics

- Grade 1 will be dismissed out the Main Door.
- Grades 2, 3, and 4 will be dismissed out the 4th Avenue door near the front of the school.
- Kindergarten students will be dismissed out the Early Childhood door. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- PreK students will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway. Please contact Ms. Annie for the specific dismissal time.

SCHOOL BUS TRANSPORTATION INFORMATION



School bus transportation is provided to students in grades K-4, who live greater than .75 mile from their residence or alternate address to their assigned school. Middle school students (grades 5-8) must live greater than 1.5 miles from their residence or alternate address to their assigned school.

Kindergarten through 4th grade students will receive a printed bus pass via postal mail. These passes were mailed out on August 24th. You can also look up your student's bus pass information by using their Student ID for the username and date of birth for the password at the link below. This is the same information that students use to log in to their Chromebooks for school.

Please note that Kindergarten and 1st grader students **must** have an older sibling (4th grade or older) or parent present at the bus stop in the afternoon in order to depart from the school bus. If a parent or older sibling is not present, the student will be brought to the Moody School, located at 158 Rogers Street. A driver's license or valid identification must be presented to the staff in order to dismiss the student.

You can use the LPSD "Bus Lookup Tool" using the link below. You will need to use you child's LASID or lunch number along with their birthdate to access this helpful system.

There also is a helpful video that you can watch that will walk you through the process.

Click Here For The LPSD "Bus Lookup Tool"

You will need to have your child's LASID or lunch number to access the most up to date bus information for your child. Please keep in mind that this number is also used to log into your child's borrowed device.

Bus Pass Lookup Tutorial



NEED INFO? FREQUENTLY ASKED QUESTIONS & ANSWERS



How can I update my contact information (phone number/email/address)?

- Go online to the Family Resource Webpage (<https://www.lowell.k12.ma.us/UpdateContactInfo>) and fill out the "contact us" form. Families who don't have access to the internet can fill out the form in person at the Family Resource Center. If an address change is related to economic factors or housing instability (family moves in with relatives, eviction, hotel/motel, fire or unsheltered, please contact the McKinney Vento Office located at the Family Resource Center in person (151 Merrimack Street), by phone (978-674-4321) or go to the webpage at <https://www.lowell.k12.ma.us/HomelessAssistance>.

How do I update my emergency contacts?

- If you were in the school last year we will send a verification sheet out. if you are new we will send home an emergency form to fill out on the first day of school or use the online form found in this newsletter

What should I do if my child needs a Chromebook or if my child's Chromebook needs repairs?

- Families should contact their school to coordinate the issuing of a new Chromebook or to schedule repairs. After the school year begins, the district will resume its "tech tent" services and will inform families via email, text, and phone once the services resume.

How do I register my child for the new school year?

- All school registrations are completed online using a computer or laptop. You can access the online application by going to <https://www.lowell.k12.ma.us/SchoolRegistration>. If you only have a mobile device and don't have access to a computer or laptop, you can register in person at the Family Resource Center (151 Merrimack Street). Please call the Family Resource Center if you have any questions (978-674-4321).

What should I do if I need to register my child(ren) and I don't speak English?

- The Lowell Public Schools is committed to providing translation and interpretation services for families who require assistance in a language other than English. The online registration application and website is translated in Spanish and Portuguese and can be accessed by going to <https://www.lowell.k12.ma.us/SchoolRegistration>. For all other languages, please call Vannak Khin at (978) 328-6782 to arrange services. In-person language interpretation support for registration can be accessed by visiting the Lowell Public Schools at 151 Merrimack Street. Families can also call the Family Resource Center at (978) 674-4321 to make an appointment with a Bilingual Family Liaison.

How old does my child need to be to enroll in preschool or kindergarten?

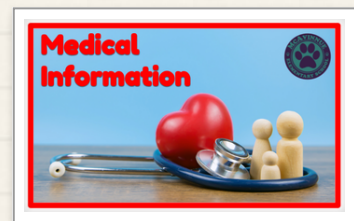
- A child must turn 4 years old on or before September 1, 2021, in order to apply for preschool and 5 by September 1 to apply for kindergarten. A family can apply for preschool by going to <https://www.lowell.k12.ma.us/PreschoolRegistration> to fill out an online application or <https://www.lowell.k12.ma.us/KindergartenRegistration> for kindergarten. For registration questions, please call (978) 674-4321.

How do I apply for a transfer for my child to change schools in the new year?

- Per the 2021-22 School Assignment Policy, all students have the option to request one school transfer per year. Families can apply online by going to <https://www.lowell.k12.ma.us/SchoolTransfer> or can come to the Family Resource Center in-person to complete the application. Transfers are assigned on a space availability basis.

MEDICAL INFORMATION REMINDER

Any students who have emergency medications (Epi-Pens, inhalers, etc.) or who will receive medication in school must have a medication order from the prescribing physician AND a completed consent form from the City Health Department.



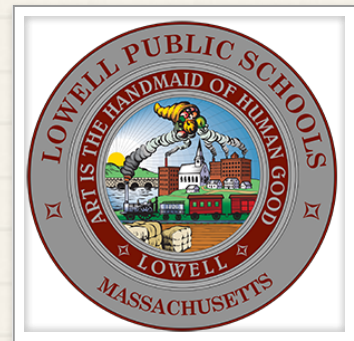
Forms and medication can be dropped off to Nurse Robin any time during the school day. However, it's ideal to drop things off between 9:10 AM - 9:30 AM each day.

Nurse Robin cannot administer ANY medications without a physician's order, including over-the-counter medications. Please make sure that the school nurse is provided refills in advance of any medication supply running out.

If you have any questions, please reach out to Nurse Robin directly,

LOWELL PUBLIC SCHOOLS COVID GUIDELINES UPDATE

Please see the message that was recently sent out regarding the latest COVID-19 guidance for this school year.



"Dear Lowell Public Schools Families,

We are looking forward to welcoming you all back to school on August 31st (Sept 7th for PreK and Kindergarteners) for the start of the 2022-2023 school year!

We would like to take this time to share the latest COVID-19 guidelines and policies:

- There will be no more in-school testing or contract tracing and schools will be distributing one last at-home testing kit, which will expire Sept. 29.*
- Masks are not required (except for in the school nurse's office), but staff and students who wish to wear a mask may do so.*
- Students and staff who do have a positive case of COVID-19 must stay out of school for a minimum of five days, but may return if symptoms improve on days 6-10 if they wear a high-quality mask.*

The Centers for Disease Control's latest COVID-19 guidance can be found here:

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html>

We ask that you continue to stress good hygiene habits to your children, such as thorough hand washing and coughing into their elbows when they cough, and ask them not to share cups or water bottles with friends.

We strongly encourage all who are able to do so to receive the COVID-19 vaccine and subsequent boosters. We are thankful to our partners at the Massachusetts Department of Public Health, who provided vaccinations at our Back-to-School Block Party, which was

attended by more than 3,000 people. To find a location to receive a vaccine or booster, as well as additional information about the vaccine, visit: <https://www.lowellma.gov/1523/COVID-19-Vaccine>"

2022-2023 SCHOOL YEAR CALENDAR

Superintendent of Schools-Lowell Public Schools- Lowell, MA
2022-2023 School Year Calendar

Monday, August 29, 2022	Staff Return to School for Staff Orientation Day
Tuesday, August 30, 2022	Staff Professional Development Day at School Site
Wednesday, August 31, 2022	First Day of School - Grades 1-12
Friday, September 2, 2022	No School - Labor Day Recess
Monday, September 5, 2022 *	No School - Labor Day
Tuesday, September 6, 2022	No School for Students - Primary Election - Professional Day for Staff
Wednesday, September 7, 2022	First Day of School - Pre-Kindergarten & Kindergarten
Monday, October 10, 2022 *	No School - Indigenous Peoples' Day
Tuesday, November 8, 2022	No School for Students - Election Day - Professional Day for Staff
Friday, November 11, 2022 *	No School - Veterans' Day Observed
Wednesday, November 23, 2022	Early Dismissal - Thanksgiving Recess
Thursday, November 24, 2022 *	No School - Thanksgiving Day
Friday, November 25, 2022 *	No School - Thanksgiving Recess
Monday, November 28, 2022	Schools Re-Open
Friday, December 23, 2022	Holiday Vacation Begins at the Close of Day
Saturday, December 24, 2022 *	Christmas Eve [Holiday Vacation: Saturday, December 24 - Sunday, January 1, 2023]
Sunday, December 25, 2022	Christmas Day
Monday, December 26, 2022 *	Central Office and Family Resource Office Closed
Friday, December 30, 2022 *	New Year's Eve
Sunday, January 1, 2023	New Year's Day
Monday, January 2, 2023 *	Central Office and Family Resource Office Closed
Tuesday, January 3, 2023	Schools Re-Open
Wednesday, January 11, 2023	Wednesday - Early Release for grades PreK-12
Monday, January 16, 2023 *	No School - Martin Luther King, Jr. Day
Friday, February 17, 2023	Mid-Winter Vacation Begins at the Close of School
Monday, February 20, 2023 *	President's Day [School Vacation: Monday, February 20 - Friday, February 24, 2023]
Monday, February 27, 2023	Monday - Schools Re-Open
Wednesday, March 8, 2023	Wednesday - Early Release for grades PreK-12
Friday, April 7, 2023 *	No School - Good Friday
Friday, April 14, 2023	Spring Vacation Begins at the Close of School
Monday, April 17, 2023 *	Patriot's Day - [School Vacation: Monday, April 17 - Friday, April 21, 2023]
Monday, April 24, 2023	Schools Re-Open
Monday, May 29, 2023 *	No School - Memorial Day
Thursday, June 15, 2023	180 th School Day
Monday, June 19, 2023 *	Juneteenth
Friday, June 23, 2023	185 th School Day [Includes five (5) Snow Days]



Approved by the Lowell School Committee at their meeting of May 4, 2022

* Central Administration, Family Resource Center will be closed in observance of a holiday

Number of School Days Per Month

August	1	January	20
September	19	February	15
October	20	March	23
November	18	April	14
December	17	May	22
		June	11

Click To Access The 2022-2023 School Calendar

NOVEMBER & EARLY DECEMBER BREAKFAST & LUNCH
MENUS

 Breakfast MENU November Elementary Breakfast Menu				
31 Breakfast Sausage Pizza Bagel Cranberry, Orange Oatmeal Round Served with Juice, Pear and Milk	1 Blueberry Muffin Benefit Bar Served with Apple and Milk	2 Cinnamon Sugar Donut Assorted Cereal Bowl with Graham Cracker Served with Juice, Pear and Milk	3 Blueberry Waffle with Maple Syrup Nature Valley Oatmeal Round Served with Orange and Milk	4 Bagel with Cream Cheese Assorted Cereal Bar with Graham Cracker Served with Banana and Milk
7 Warm Pumpkin Bread Oatmeal Raisins Round Served with Orange and Milk	8 Election Day Professional Day for Staff NO SCHOOL FOR STUDENTS		9 Sausage, Egg and Cheese Bagel Sandwich Assorted Cereal Bowl with Graham Cracker Served with Orange and Milk	10 Blueberry Waffle with Maple Syrup Nature Valley Oatmeal Round Served with Juice, Pear and Milk
14 Warm Pumpkin Bread Oatmeal Raisins Round Served with Orange and Milk	15 Double Chocolate Chip Muffin Benefit Bar Served with Juice, Pear and Milk	16 Sausage, Egg and Cheese Bagel Sandwich Assorted Cereal Bowl with Graham Cracker Served with Orange and Milk	17 Blueberry Waffle with Maple Syrup Nature Valley Oatmeal Round Served with Banana and Milk	18 Bagel with Cream Cheese Assorted Cereal Bar with Graham Cracker Served with Apple and Milk
21 Breakfast Cheese Pizza Bagel Cranberry, Orange Oatmeal Round Served with Orange and Milk	22 Blueberry Muffin Benefit Bar Served with Juice, Pear and Milk	23 Cinnamon Sugar Donut Assorted Cereal Bowl with Graham Cracker Served with Juice, Pear and Milk	24 Thanksgiving Day NO SCHOOL	25 Thanksgiving Recess NO SCHOOL
28 Warm Banana Bread Oatmeal Raisin Round Served with Juice, Pear and Milk	29 Double Chocolate Chip Muffin Benefit Bar Served with Juice, Pear and Milk	30 Bacon, Egg and Cheese Bagel Sandwich Assorted Cereal Bowl with Graham Cracker Served with Juice, Pear and Milk		

Check out <https://lowellk12ma.nutrislice.com/> for Menu's, Nutrition Education & Monthly Promotions! Questions or concerns please contact foodservices@lowell.k12.ma.us

All Breakfast items are whole grain. Offered Daily: 1 % and Skim Milk and Fresh Fruit All Breakfast is provided free for all students. Menu is subject to change.



NOVEMBER 2022 ELEMENTARY LUNCH MENU

Breakfast and Lunch is Free for all Students!
Our menu consists of Whole Grains, Fresh Fruits and Vegetables.
Students must take a fruit and/or vegetable with each lunch.
All Meals served with milk.
Sunbutter and Jelly and Vegetarian Meals served daily.

In accordance with Federal Law and U.S. Department of Agriculture policy, this Institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> -Country Chicken Bowl with Corn Muffin 31 -Country Vegetarian Nugget Bowl with Flatbread LG V -Chicken Parm Sub -Mediterranean Hummus Salad with Flatbread LG V -Italian Sub -Maple Carrots & Broccoli Apples & Peaches 	<ul style="list-style-type: none"> -Beef Nachos with Tortilla Chips 1 -Kickin Bean Nachos with Tortilla Chips -Bagel Power Pack V -Moroccan Harissa Wrap -Kickin Beans & Broccoli -Oranges & Strawberries 	<ul style="list-style-type: none"> -Penne Bolognese with Parmesan 2 -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -Chef Salad with Flatbread LG V -Italian Sub -Cucumber & Carrot -Bananas & Apples 	<ul style="list-style-type: none"> -Chili Garlic Popcorn Chicken Lo Mein 3 -Cheese Quesadilla V -Bagel Power Pack V -Moroccan Harissa Wrap -Green Beans & Carrot -Strawberries & Fresh Fruit Cup 	<ul style="list-style-type: none"> -Cheese Pizza V -Loaded Baked Potato Pizza LG 4 -Mediterranean Hummus Salad with Flatbread LG V -Italian Sub -Red Pepper Strips & Side Salad -Apples & Bananas
<ul style="list-style-type: none"> -Chicken Pot Pie with Biscuit Crust 7 -Hamburger & Cheeseburger -Black Bean Burger V -Chicken Caesar Salad with Flatbread LG -Turkey and Cheese Sandwich -Broccoli & Carrots -Apples & Pears 	<p>Election Day Professional Day for Staff NO SCHOOL FOR STUDENTS</p>	<ul style="list-style-type: none"> -HOTM: Kale Pesto Pasta LG 9 -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -Chef Salad with Flatbread LG -Turkey & Cheese Sandwich -Cucumber & Carrots -Bananas & Apples 	<ul style="list-style-type: none"> -General Tso's Popcorn Chicken with Fried Rice 10 -General Tso's Tofu Steak with Rice V -Pizza Cruncher V -Hummus Platter V -Honey Mustard Chicken Wrap -Green Beans & Carrots -Pears & Fresh Fruit Cup 	<p>VETERANS' DAY NO SCHOOL</p>
<ul style="list-style-type: none"> -French Toast Stick with Chicken Sausage 14 -French Toast with Vegetarian Sausage V -Chicken Tenders with a Dinner Roll -Chef Salad with Flatbread LG V -Chicken Salad Sandwich on a Bulkie Roll -Maple Carrots & Broccoli -Apples & Peaches 	<ul style="list-style-type: none"> -Beef Taco with 6" Tortilla Wrap 15 -Kickin Bean Taco V -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -Yogurt & Fruit Power Pack V -Greek Chicken Wrap -Kickin Beans & Broccoli -Oranges & Apples 	<ul style="list-style-type: none"> -Thanksgiving Dinner with Dinner Roll 16 -Vegetarian Nuggets with Dinner Roll V -Combread Stuffing -Carrots and Local Butternut Squash -Bananas and Baked Apples 	<ul style="list-style-type: none"> -Szechuan Chicken with Rice 17 -Szechuan Tofu with Rice V -Yogurt & Fruit Power Pack V -Greek Chicken Wrap -Green Beans & Carrots -Pears & Fresh Fruit Cup 	<ul style="list-style-type: none"> -Cheese Pizza V -Pepperoni Pizza 18 -Greek Salad with Flatbread LG V -Chicken Salad Sandwich on a Bulkie Roll -Red Pepper Strips & Side Salad -Apples & Bananas
<ul style="list-style-type: none"> -Chicken Tikka Masala with Chana Masala with Tzatziki Sauce and Tomato Cucumber Salad 21 -Hamburger & Cheeseburger -Pretzel Power Pack V -Turkey Bahn Mi Sandwich -Green Beans & Carrots -Pears & Fresh Fruit Cup 	<ul style="list-style-type: none"> -Tater Tot Beef Nacho (Totchos) 22 -Tater Tot Black Bean Nacho V -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -Pizza Platter V -Chicken Caesar Wrap -Kickin Beans & Broccoli -Clementines & Apples 	<p>Half Day No Lunch Served</p>	<p>THANKSGIVING DAY NO SCHOOL</p>	<p>THANKSGIVING RECESS NO SCHOOL</p>
<ul style="list-style-type: none"> -Chicken & Waffle with Maple Gravy 28 -Pizza Crunchers V -Cobb Salad with Flatbread LG -Tuna Salad Sandwich on a Bulkie Roll -Maple Carrots & Green Beans -Apples & Pears 	<ul style="list-style-type: none"> -Chicken Carnitas Taco 29 -Hamburger & Cheeseburger -Black Bean Burger V -Pretzel Power Pack V -Turkey Bahn Mi Sandwich -Kickin Beans & Broccoli -Oranges & Apples 	<ul style="list-style-type: none"> -Lok Lak with Rice 30 -Chicken Tenders with a Dinner Roll -Mediterranean Hummus Salad with Flatbread LG V -Tuna Salad Sandwich on a Bulkie Roll -Cucumbers & Carrots -Bananas & Apples 	<ul style="list-style-type: none"> -Loaded Baked Potato and Corn Muffin 3 -Broccoli Cheddar Loaded Baked Potato and Dinner Roll V -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -Chicken Ranch Salad with Flatbread LG -Ham & Cheese Sandwich -Broccoli & Carrots -Apples and Pears 	<ul style="list-style-type: none"> -Cheese Pizza V -Buffalo Chicken Pizza -Cobb Salad with Flatbread LG -Tuna Salad Sandwich on a Bulkie Roll -Red Pepper Strips & Side Salad -Apples & Bananas

This institution is an equal opportunity provider.



Elementary Nov Breakfast Menu 22.23.pdf

[Download](#)

231.7 KB



Elementary Nov Lunch Menu 22.23 FINAL.pdf

[Download](#)

307.0 KB

PARENT & FAMILY RESOURCES

HOLIDAY HELP AT MCAVINNUE



Dear Parent or Guardian, as the holidays approach, many of us are already thinking about the financial stretch it would mean to our pockets. Please reach out to us if we can help you these holidays with toys or basic needs like food or clothes. If you haven't already signed up with other community agencies. We are limited in the things we can offer since we don't gift expensive electronics, but we will do our best to get things your child likes or needs.

Please also reach out if you need some assistance with Thanksgiving since we sometimes get Thanksgiving baskets donated by local groups.

You can contact the school directly or reach out to our Social Worker Team, Mrs. De La Luz, Mrs. Teague-Power, and Ms. Rigon for assistance and guidance.

EMERGENCY CONTACT FORM: 2022-2023



Get a jump start now and complete your emergency contact form for the 2022-2023 academic school year?

We have made it really easy for you to complete this important task. You can access the online form below. When you complete this form, it is immediately sent to McAvinnue and we will print it out for our records.

You don't need to come to the school to complete this form...you can do it right on your phone, tablet, or computer!

If you have any questions, please reach out to Mrs. De La Luz at adelaluz@lowell.k12.ma.us or contact the Main Office at McAvinnue for support!



Joseph A. McAvinnue School



Emergency Form

Formulario de Emergencia

Formulário de Emergência 2022-2023



[Sign in to Google](#) to save your progress. [Learn more](#)

MCAVINNUE SPIRIT GEAR BY PREP SPORTSWEAR

We have an online store if you wish to order any McAvinnue gear! It is open 24 hours per day and there is no due date for orders. Anytime you want to order...on any day!

The company is Prep Sportswear and has been reliable with solid product quality from reputable brands.



There is a 30% off deal occurring now on all items! This is a major discount if you are interested in purchasing McAvinnue merchandise.

We are also exploring additional local options to purchase McAvinnue gear. Stay tuned for more information in the month of September.

To access our current online store for McAvinnue spirit gear, please click the link below.

[Click To Access Prep Sportswear Spirit Gear](#)



Fresh,
seasonal
produce!

Indoor Winter Farmers' Markets

Select Wednesdays & Thursdays
Starting November 16

Shop fresh and local at UMass Lowell's
University Crossing and at
Mill City Grows' ROOT Kitchen!

Use your SNAP/EBT and HIP benefits



Fresh,
seasonal
produce!

ROOT Kitchen at Mill City Grows

Bi-weekly on Thursdays
2pm - 5pm

2022	2023
November 17	January 5 & 19
December 1 & 15	February 2 & 16
	March 2 & 16

19 Hall Street

COMMUNITY CONNECTIONS & OPPORTUNITIES



THE SUN SANTA IS BACK!



The "Sun Santa" is pleased to again work with Community Teamwork, Inc., and The Salvation Army to help area families in need during the holidays. All interviews for assistance from The Sun Santa Fund will be conducted by these agencies. Due to COVID-19 concerns, applications will be ONLINE ONLY, no in-person application sessions.

Starts Monday, Oct. 3rd, and runs until the agency's Angel Tree Assistance Program reaches capacity.

Required information:

- Birth certificates for EACH child under age 16*
- Photo ID for Parent/Guardian
- Proof of Address
- A valid email address to confirm follow-up appointments
- Guardianship papers to be uploaded under Birth Certificate tab

Website link: www.saangeltree.org

Questions/Assistance:

Dianne James, 978-458-3396; dianne.james@use.salvationarmy.org

Due to COVID-19: Applications will be **ONLINE ONLY**

2022 Application Guidelines:

The Sun Santa Fund



Sun Santa is pleased to again work with **Community Teamwork, Inc.**, and **The Salvation Army** to help area families in need during the holidays. All interviews for assistance from The Sun Santa Fund will be conducted by these agencies. Due to COVID-19 concerns, applications will be **ONLINE ONLY**, no in-person application sessions.

Please note each agency's documentation policy.

The Salvation Army

Starts **Monday, Oct. 3**, and runs until the agency's Angel Tree Assistance Program reaches capacity. Serving Lowell, Billerica, No. Billerica Chelmsford, No. Chelmsford, Dracut, Dunstable, Tewksbury, Tyngsboro and Westford. Please: **NO REQUESTS** for bikes, computers, video game systems, etc. Applications will not be considered complete until **all documentation** has been uploaded. Appointments will be scheduled after applications are complete.

Required information:

- Birth certificates for EACH child under age 16*
- Photo ID for Parent/Guardian
- Proof of Address
- A valid email address to confirm follow-up appointments

* Guardianship papers to be uploaded under Birth Certificate tab

Website link: www.saangeltree.org

Questions/Assistance:

Dianne James, 978-458-3396; dianne.james@use.salvationarmy.org

Community Teamwork

Tuesday, Nov. 1 through Tuesday, Nov. 8.

Required information:

- Full names and dates of birth for EACH child under age 16 required
- Applicants will self-certify their information
- Due to COVID-19, no hard copy/uploaded documents will be required.

Website link: <https://bit.ly/3nNgsE4>

Questions/Assistance:

Christine DeFeo, cdefeo@commteam.org

Only one person for each family may apply. **Any family applying through more than one agency will not be eligible.** Toy vouchers are available for eligible children through age 16.

To donate to The Sun Santa Fund:

www.lowellsun.com/sunsanta

By mail: The Sun Santa Fund, PO Box 2439, Lowell, MA 01851

Ad space donated by The Lowell Sun,
a division of Media News Corp.



THANKSGIVING & CHRISTMAS SUPPORT FROM THE SALVATION ARMY

The Salvation Army is opening up its sign-ups for its "Angel Tree Project" earlier than usual this year. Applications will open on October 3rd and remain open only until capacity has been reached.



See the attached flyer for all of the eligibility and documentation requirements in order to qualify for support.

For more information contact Dianne James at 978-458-3396 or through email at Dianne.James@use.salvationarmy.org

Click Here For The Application

Open Available October 3rd

The Salvation Army Lowell

THANKSGIVING & CHRISTMAS ASSISTANCE 2022

Application Open Oct. 3, 2022
WWW.SAANGELTREE.ORG
or use the QR code below code
Limited capacity

REQUIRED DOCUMENTS

- Birth certificates for all children ages 16 and under
- Photo ID for Parent or guardian
- Proof of Address
- Valid email address is required so we can make your appointment etc.

PLEASE NOTE

- Application NOT complete until ALL DOCUMENTS have been received
- Families of 2 or more may apply
- You may only apply to one agency
- Please: NO requests for Bikes, Computer, video game systems etc.

SERVING THE FOLLOWING COMMUNITIES

- Lowell
- Billerica,
- N Billerica
- Chelmsford,
- N Chelmsford
- Dracut
- Dunstable
- Tewksbury
- Tyngsborough
- Westford

DOCUMENTOS REQUERIDOS

- Certificados de nacimiento para todos los niños menores de 16 años (Los documentos de envío del guardián se cargarán en la pestaña del certificado de Nacimiento)
- Identificación con foto para padre/tutor
- Comprobante de domicilio
- Se requiere una dirección de correo electrónico válida para que podamos comunicar citas, etc.

TENGA EN CUENTA

- Solicitud NO completa hasta que se hayan recibido TODOS LOS DOCUMENTOS
- Las familias de 2 o más pueden aplicar
- Solo puede aplicar a una agencia
- Por favor: NO solicite bicicletas, computadoras, sistemas de videojuegos, etc.

AL SERVICIO DE LAS SIGUIENTES COMUNIDADES

- Lowell
- Billerica,
- N Billerica
- Chelmsford,
- N Chelmsford
- Dracut
- Dunstable
- Tewksbury
- Tyngsborough
- Westford

Dianne.James@use.salvationarmy.org
or call 978-458-3396 with questions

COMMUNITY RESOURCES & DAYCARE OPTIONS FOR FAMILIES

Looking for before or after school daycare options for your child? Here is a short list of options and information for your consideration.

[Here is a list of daycare options in Lowell:](#)

- **Community Team Work (CTI) (978) 454-5100**
 - Families who are already enrolled in a CTI program...
 - Call or text school-age coordinators to request a slot
 - Billy 978-995-0028, wma@commteam.org
 - Karen 978-729-7216, kshannon@commteam.org
 - Families who are not enrolled in a CTI program
 - If you've filled out a CTI application in the past...

- Contact Karen (978) 729-7216, kshannon@commteam.org to see if where you are on the waitlist (if there is a waitlist)
- If you've never filled out a CTI application...
 - Fill out an application at 17 Kirk St., 126 Phoenix Ave
 - Or call the main CTI number (978) 454-5100 to request an email version of the application.
- **YMCA:** (978) 454-7825; 1 YMCA Dr in Lowell
 - Karen Espinola is the school-age director
 - Fill out a application online or at the YMCA to request a slot
 - Debbie Doben is the preschool director if your child is preschool age
- **Family Childcare:** Call programs to see if they have openings near you
 - Bethel Family Childcare (978) 458-6577
 - Clarendon Family Childcare (978) 454-3026
 - Child Development and Learning (CDE) (978) 275-2843
 - ACRE Family Childcare (978) 937-5899
 - CTI: See above contact information
- **Girls Inc:** (978) 458-6529, 220; Worthen St. in Lowell
 - Accept girls ages 5-14 years old
 - Accept Child Care Circuit vouchers, DCF vouchers, and private pay (income-based, sliding scale)
 - Call Pam Lerocque (Director of Finance & Administration) to check on openings
- **Boys and Girls Club:** (978) 458-4526; 657 Middlesex St in Lowell
 - School-age openings for after-school
 - Teens who are working with the Department of Children and Families can call BGC or DCF to see if they're eligible

LOCAL FOOD SUPPORT

Do you need support with food options for your family. No need to worry...there are many local groups that can offer support for you during your time of need.



Click the link below for a list of local food pantries that are willing to help.

You can also reach out to Mrs. De La Luz, McAvinnue's Social Worker, for support navigating these and other options.



Greater-Lowell-Area-Pantry-List 8-27-20 (1).xlsx

Download

15.3 KB

MCAVINNUE'S FAMILY READ-A-LOUD

"THE VERY LAST LEAF"

THE VERY LAST LEAF read aloud - A Kids Funny & Encouraging picture book read along | SEL | Autumn



MCAVINNUE'S SCHOOL WEBSITE

Check out our school website where you can find a wealth of information including school news, calendars, and other events.

Please visit our website at:

<https://www.lowell.k12.ma.us/mcavinnue>



FOLLOW MCAVINNUE ON SOCIAL MEDIA

You can follow McAvinnue on social media at the following sites! We update things daily and this is a great way to stay in touch with all of the amazing things that are happening inside and out



FaceBook: <https://www.facebook.com/McAvinnueElementarySchool>

Twitter:

<https://twitter.com/McAvinnueLPS>

Instagram:

<http://instagram.com/mcavinnueelementarylps>

YouTube:

https://www.youtube.com/channel/UC7hxiBuRjqjgFASI_RLMleQ



OUR VISION

 Facebook  @McAvinnueLPS

McAvinnue Elementary School is a place...where there are **high expectations**, where students are **academically engaged**, where instruction is guided by a **systematic approach to examine data**, where there is a **multi-tiered system of support**, and where a responsive environment that fosters **social emotional connections** between faculty and students prevails.

#McAvinnuePride #BeTheDifference #NextLevel

 131 Mammoth Road, Lowell, M...  mdomina@lowell.k12.ma.us
 (978) 937-2871  lowell.k12.ma.us/Domain/21



